On Liberty & Self Expression

Through self-reflection, an individual gains a deeper understanding of the underlying impulses that govern actions. The more conscious the mind is to external influences. Provides an individual with opportunities for internal growth. So long as the mind is not rigid in its thinking. The door remains open for genuine transformation. Adaptability, and a desire to expand upon what one has learnt. Both crucial steps toward a new way of perceiving the world. For an open mind is more receptive to foreign forms of information. As the mental blocks of the past no longer hold the same degree of influence. This in turn, naturally leads towards an expansive state of mind. For the additional information one perceives, expands one's field of awareness. Activating dormant aspects of the mind that have yet to be explored in greater depth. The additional streams of information alter the individual's overall perception of reality. Shifting the goal posts with regard to human potential.

The more time one invests in the refinement of these mental qualities. Provides a clearer understanding of the internal mechanisms and how to utilize them. Over time, these subtle qualities begin to take root within the subconscious mind. The physical manifestation of these qualities, reflected in the various fields of interest an individual engages with. So long as one has patience and is willing to invest quality time towards the refinement of one's abilities. Gradual improvement will naturally follow. Learning to maintain a positive mindset, regardless of personal circumstances. Should help an individual build a more resilient nature. A quality that will no doubt be crucial in times of personal hardship. For the ability to remain firmly grounded in one's personal beliefs is important. As these qualities comprise a significant portion of one's identity. To abandon these principles for a collective society that doesn't share the same values.

Would to a certain extent, feel as though a part of oneself has died. Given how ingrained some of these qualities are within the framework of one's daily life. Anything that stands as an existential threat to the life one seeks to build for themselves. Undermines the core values one seeks to uphold. The very thought of which an individual of moral standing will find unbearable. Considering how wide the rift between opposing viewpoints can be. It stands to reason that those who oppose a collective ideology that doesn't value civil liberties at its heart. Will naturally find little in common with those who believe this mundane quality underpins the framework of a civil society. This in turn, eventually leads to an unspoken agreement between both parties. In which individuals who cling to ideals that are greater than one's material advancement. Will suffer in the form of sacrificing moral principles and civil liberties. Which have both served as the life bloods of previous civilizations, for good reason.